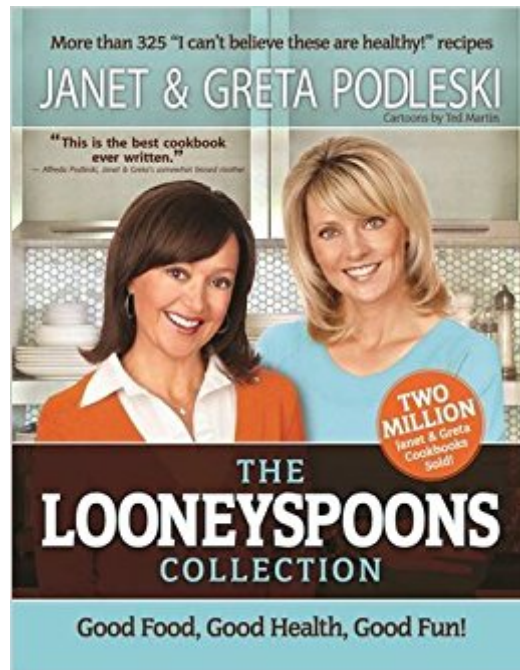




The book was found

The Looneyspoons Collection: Good Food, Good Health, Good Fun!



Synopsis

Lick your lips and shrink your hips with THE LOONEYSPOONS COLLECTION. Jam-packed with the best of the best • Janet & Greta recipes • made even BETTER! Better carbs Better fats More fiber Less sugar Less salt Same great taste that won't go to your waist! • TLC features outrageously delicious, reader-favorite recipes from Janet & Greta's incredibly popular cookbooks Looneyspoons, one of Canada's all-time bestsellers; Crazy Plates, a James Beard Foundation Award finalist; and Eat, Shrink & Be Merry!, voted "Cookbook of the Decade 2000-2009" by Chapters/Indigo Books • plus TONS OF NEW, MUST-TRY RECIPES, including: • Greta's Gluten-Free Miracle Brownies Chewy, moist, double-chocolate fudge brownies • Honey, I Shrunk My Thighs! Mouthwatering, honey-garlic baked chicken thigh that will leave everyone begging for more • Moroccan and Rollin' Quinoa Salad The super-grain becomes super-scrumptious when paired with rockin' spices • Pimped-Out Pumpkin Pie Pancakes One taste and you'll say, "Thanks (for) giving me this fabulous recipe!" • Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids? The Looneyspoons Collection makes healthy eating delicious and fun for everyone! • A feast for your eyes and your taste buds, TLC is overflowing with gorgeous, full-color food photos; hundreds of practical weight-loss, anti-aging and healthy-living tips; and, of course, a heaping helping of Janet & Greta's trademark corny jokes and punny recipe titles.

Book Information

Paperback: 390 pages

Publisher: Hay House; 10/16/12 edition (November 15, 2012)

Language: English

ISBN-10: 1401941966

ISBN-13: 978-1401941963

Product Dimensions: 8.3 x 1 x 10.8 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars • See all reviews • (100 customer reviews)

Best Sellers Rank: #259,276 in Books (See Top 100 in Books) #86 in Books > Humor &

Entertainment > Humor > Cooking #657 in Books > Cookbooks, Food & Wine > Special Diet >

Weight Loss

Customer Reviews

Hubby and myself love to cook and at last count, we're close to 400 cookbooks. We have a 'special

place' for all of Janet and Greta's books but their latest (Looneyspoons) just lives in the kitchen because we use it all the time. From decadent desserts to full-blown dinners to serve company (and our friends are amazing cooks and FUSSY!), we have never come across a book like theirs that offers everything. The list of ingredients is filled with fresh and love that almost every recipe incorporates herbs and spices. I've introduced their book to many and the feedback from newbies is they don't feel intimidated and say: "I can do this!" and knowledgeable cooks are amazed at the outcome and have since done away with complicated recipes since they get the end result as if they were in a Five Star restaurant (seriously). Every recipe I've ever made (and that's many) are always a 10/10 in our house. We always grade a new recipe! Even though they don't have a new show on the cooking channel, you must check out their re-runs to see the challenges they've done in changing "old recipes" and have adapted them into new ones that are SO much healthier and without all the fat and vein-filled cement. They put REAL FOOD into the recipes instead of a bunch of salt-and-sugar-laden items. Someone here mentioned they prefer fresh foods and while I agree that some canned foods are not preferred, frozen vegetables are most often picked at their prime and flash frozen and quite often, better than fresh. Okra is a good example. Also, if you see something that calls for something canned like corn, you can always buy a fresh ear of corn and takes seconds to slice it off.

[Download to continue reading...](#)

The Looneyspoons Collection: Good Food, Good Health, Good Fun! 100 Exotic Food Recipes (Puerto Rican Food Recipes, Picnic Food Recipes, Caribbean Food Recipes, Food Processor Recipes,) Humphrey's Book of Fun Fun Fun Good Gut: The Next Thing You Should Do If You Want to Heal Your Gut and Improve Your Intestinal Health (good gut guide, gut health, good gut diet) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) Food Politics: How the Food Industry Influences Nutrition and Health (California Studies in Food and Culture Book 3) Homemade Healthy Dog Food Food Recipes (Because Your Dog Deserves The Best All Natural Dog Food and Health Dog Recipes!) The Ultimate Food Allergy Cookbook and Survival Guide: How to Cook with Ease for Food Allergies and Recover Good Health A Delicious Avocado Cookbook for Health Nuts!: Only the

Best Avocado Recipes to Achieve Vibrant Health and Omega Acid Superpowers (The Health Nut Cooking Collection 1) Boyds Bears and Friends Collector's Value Guide for The Bearstone Collection, The Folkstone Collection, The Dollstone Collection, The ShoeBox Bears, and DeskAnimals, 1999 201 Fun Senior Activities - Top Senior Activities, Elderly Activities, Dementia Activities, and More! (Fun! for Seniors) Jaw-Dropping Geography: Fun Learning Facts About Bustling Barbados: Illustrated Fun Learning For Kids (Volume 1) Jaw-Dropping Geography: Fun Learning Facts About British History Celts: Illustrated Fun Learning For Kids (Volume 1) Jaw-Dropping Geography: Fun Learning Facts About INTRIGUING IRELAND: Illustrated Fun Learning For Kids (Volume 1) S S FUN WITH CROSTICS 19 (Simon & Schuster Fun with Crostics) SIMON & SCHUSTER FUN WITH CROSTICS #8 (Simon & Schuster's Fun with Crostics Series) Simon and Schuster's Fun With Crostics, Series No 4 (Simon & Schuster's Fun with Crostics Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)